



WINTER 2012 YOUTH SPORTS January-April

The goal of Youth Sports & Fitness programs is to provide quality programming with responsible leaders so youth have the opportunity to grow and learn. We are a program in which opportunity for participation is provided to all those who enter, regardless of skill and ability. We wish to provide youth with a fun learning experience and the opportunity to develop lifetime sports and fitness skills.



YOUTH BASKETBALL PROGRAM INFORMATION

This basketball league is specially designed to help your child understand the team concept of basketball, enhancing their dribbling, shooting, passing and defense. The values of teamwork and strategy along with understanding the importance of sportsmanship, create an environment that promotes positive developmental assets amongst our youth.

- **Practices and League Games:** The first 2 weeks are team practice followed by 6 weeks of games. Parents will be given an information packet outlining their practice times and game schedule. **Please note that practices and games are one hour in duration. You must be available for the time frame listed in each league, as practices and game times may vary throughout the season. No day of the week or time requests will be considered.**
- **Uniforms:** Basketball reversible jersey is included in the registration fee. Tennis shoes required.
- **VOLUNTEER COACHES ARE NEEDED!** Volunteer basketball coaches are needed. Call (425) 452-4627 for more information and to receive a \$20 discount towards your registration fee. Background check required & attendance to mandatory coaches clinic to receive discount. Basketball experience required.
- **Schedules:** A team confirmation, parent packet and practice schedule, will be sent via email by January 21st. Game schedules will be sent via email by January 28th. Contact Heather Christoff at HChristoff@bellevuewa.gov with questions regarding schedules.
- **Participants will be assigned to teams based on the following:**
 1. Special request for coach.
 2. Special request for ONE teammate. Additional requests for teammates will not be considered.
 3. Age and gender of participant

PLEASE NOTE THAT THERE ARE NO GUARANTEES REGARDING REQUESTS OR TEAM ASSIGNMENTS AND ALL REQUESTS MUST BE MADE BEFORE JANUARY 17th BY EMAIL TO hchristoff@bellevuewa.gov OR BY CALLING 425-452-4627.

MIGHTY MITES BASKETBALL LEAGUE (AGES 5-6)

This co-ed 3 on 3 league is specially designed to help your child understand the team concept of basketball in an instructional setting. Emphasis on participation, fun, and skill development while enhancing their dribbling, shooting, passing, and defense will be emphasized. This 8 week league will begin with 2 weeks of team practice followed by 6 weeks of games on Mondays OR Tuesdays. Practice/games are 1 hour in duration and will be at 5:00pm OR 6:15pm depending on scheduling. **Volunteer coaches are needed for this league.** Min 4/ Max 6 per team **Crossroads Community Center OR Highland Community Center**

Resident: \$72 **Non-Resident:** \$86
#64044 Mondays OR Tuesdays

YOUTH BASKETBALL LEAGUE (AGES 7-8)

This co-ed 4 on 4 instructional league is full of fun and is a great way to further develop and enhance your basic knowledge and skills in basketball! Learn to become a team player and become a better individual player. Emphasis on participation, fun, and skill development while enhancing their dribbling, shooting, passing, and defense will be emphasized. This 8 week league will begin with 2 weeks of team practice followed by 6 weeks of games on Tuesdays OR Thursdays. Practice/games are 1 hour in duration and will be at 5pm, 5:45pm, 6pm OR 6:15pm depending on scheduling. **Volunteer coaches are needed for this league.** Min 5/ Max 7 per team

Crossroads Community Center, Highland Community Center OR Highland Middle School

Resident: \$72 **Non-Resident:** \$86
#64046 Tuesdays or Thursdays

JUNIOR BASKETBALL LEAGUE (AGES 9-11)

It's time to elevate your game! This 9-11 year old co-ed league is designed to give your child more advanced playing skills. Offensive & defensive techniques, shooting techniques, ball handling and court awareness will be emphasized. This 8 week league will begin with 2 weeks of team practice followed by 6 weeks of games on Wednesdays OR Thursdays. Practice/games are 1 hour in duration and will be at 4:30pm, 5:45pm OR 6pm depending on scheduling. **Volunteer coaches are needed for this league.** Min 6/ Max 8 per team

Odle Middle School, Crossroads Community Center OR Highland Middle School

Resident: \$72 **Non-Resident:** \$86
#64045 Wednesdays or Thursdays

REGISTRATION FOR SPRING SOCCER LEAGUES & TRACK & FIELD NOW OPEN! REGISTER TODAY!

BIDDY SPORTS PROGRAMS (AGES 3-6)

Give your child the opportunity to participate in sports through 3 different programs designed to develop basic motor skills, teaching age appropriate fundamentals. You can choose from Soccer, T-ball, or Basketball, or you can sign-up for all three classes. This program is a Parent/guardian participation required program, which will offer quality bonding time with your children.

Highland Community Center - NEW location January-March

Resident: \$40 **Non-Resident:** \$48
Saturdays

Soccer
#64061 9-9:45am January 21-February 11
#64062 11-11:45am February 18-March 10
#64063 10-10:45am March 17-April 7

T-Ball
#64076 10-10:45am January 21-February 11
#64077 9-9:45am February 18-March 10
#64078 11-11:45am March 17-April 7

Basketball
#64049 11-11:45pm January 21-February 11
#64050 10-10:45pm February 18-March 10
#64051 9-9:45pm March 17-April 7

i-BALL BASKETBALL CLINICS

Bellevue Parks & Community Services and i-Ball have partnered to offer Basketball Skills Clinics for kids, ages 7-14. Consistent training is the main aspect that helps to greatly accelerate learning and retention for young players. i-Ball is ran and coached by professional basketball player and former Globetrotter's Harlem All-Star, Kyle Keyes along with i-Ball staff. Players will learn all aspects of basketball development of core fundamentals along with offensive & defensive techniques, shooting techniques, ball handling and court awareness. Players of ALL skill levels are welcome and will be grouped accordingly.

Highland Community Center

Resident: \$79 **Non Resident:** \$95

Mondays **5:50pm-7:00pm**
#64086 January 9-February 6
#64087 February 13-March 12
#64088 March 19-April 9



RUGBY

SEREVI FLAG RUGBY (AGES 7-14)

Youth rugby is one of the fastest growing sports in the United States. Serevi Rugby and Bellevue Parks & Community Services are excited to offer Serevi Flag Rugby, a coed, non-contact sport for children, ages 7-14. Flag Rugby is a free-flowing game that allows all players to pick up the ball and run. Teamwork is a key element to success and is emphasized along with a high level of sportsmanship. Emphasis will be on safety and fun at all times, and the use of flags limits physical contact. Skill emphasis is on running, passing, ball handling catching skills and small sided games.

Robinswood Sports Field

Resident: \$66 **Non Resident:** \$79

Mondays 4:30pm-5:45pm
#64109 January 23-March 5
#64110 March 12-April 16

INDOOR SOCCER LESSONS WITH MICHAEL SMITH (AGES 4-6)

Participants will learn the fun game of soccer! Soccer techniques; dribbling, passing and scoring goals will be emphasized. Children will learn to play with teammates and develop balance/coordination and listening skills.

Highland Community Center

Resident \$55 **Non Resident** \$66

Session III

Tuesdays January 3-February 7
#64117 1:00-1:45 pm
#64118 2:00-2:45 pm

Wednesdays January 4-February 8
#64114 1:00-1:45 pm
#64119 2:00-2:45 pm

Thursdays January 5-February 9
#64115 1:00-1:45 pm
#64116 2:00-2:45 pm

Session IV

Tuesdays March 6-April 24
#64124 1:00-1:45 pm
#64125 2:00-2:45 pm

Wednesdays March 7-April 25
#64130 1:00-1:45 pm
#64120 2:00-2:45 pm

Thursdays March 8-April 26
#64121 1:00-1:45 pm
#64122 2:00-2:45 pm



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